



## WORKFORCE DEVELOPMENT

# Life Skills Training Through NexStep Unlocked

Goodwill Industries of Kansas, a 501(c)3 nonprofit organization, provides education and employment opportunities for people with disabilities and other barriers to employment seeking independent and productive lives.

**NexStep Unlocked**, a program created by NexStep Alliance, Goodwill Industries of Kansas and WSU Tech, help individuals who are on parole or probation work on their GED while also working toward a technical certification from WSU Tech.

**"Expanding the NexStep Unlocked program through Ringorang now allows us to continuously support program participants no matter where they are in their journey."**

Laura Ritterbush  
CEO  
Goodwill Industries of Kansas



## CHALLENGE

Goodwill Industries of Kansas wanted to expand NexStep Unlocked for individuals on parole or probation to better provide the attitudes, knowledge and skills needed for reentry to the workforce.

## SOLUTION

Using existing course content, Goodwill Industries of Kansas delivered an eight-week life skills Challenge via the Ringorang app to a cohort of 12 participants. Content focused on developing soft skills like awareness of body language, communicating in the workplace and effective time management. It also covered topics around wellbeing, such as managing anxiety and using positive self-talk.

## RESULTS

Participants engaged with content less than five minutes a day for an average of more than 50 total engagements:

- 57% of content was consumed immediately after the micro-engagement
- 43% of content was consumed at various times, indicating they returned to content without being prompted
- 100% of participants ended the Challenge employed